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Date : 11th August 2015

Welcome to **www.docbeecee.co.uk** the official health information website of **Dr Brighton Chireka**. Your one stop centre for health information. I know that people's lives are now busy and there is not enough time for members of the public to keep up to date with the latest information in the health sector. Doctors are at times hard pressed for time to answer all of our questions on health. We are sometimes referred to check for more health information on the Internet. We do not know where to start as there is lots of health information online which can be confusing.

I have dedicated this website to gather as much health information as you will need to answer most of your common questions. Feel free to email me for more information or join my mailing list. I do survey people that have visited this site and in answer to the question... Do you find information on this website useful? Over 96 % have answered yes. Hopefully by visiting this website you will learn more about health issues that will help you manage to look after yourself well and engage with your regular doctor in a more better way.

I have compiled more than 60 articles for you to read which you can find on this blog [DR CHIREKA'S BLOG](#)

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One of our popular article is [What is Zika virus](#)

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